

Create Your Perfect Year  
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Anytime is a great time to review the past year and discover what you've learned. Then to plan for the coming year and what you want to make happen in the next twelve months. Remember that ***the best way to predict the future is to create it!***

I'd like to suggest you take a few minutes to reflect on the following questions and then write down the answers. They will help you make the next 12 months everything you want them to be.

What was the high point of this past year and why?

What did I learn or discover about myself?

What made me happy or fulfilled me this year?

What was my most successful project?

What disappointments did I have? What can I learn from them?

**Now look at the coming year and think about:**

**Goals:** What are the 5 most important things I want to have happen in my business in the next 12 months?

- 1.
  - 2.
  - 3.
  - 4.
  - 5.
- More

**Goals:** What are the 5 most important things I want to have happen in my personal life in the next 12 months?

- 1.
- 2.
- 3.
- 4.
- 5.

More

**Add:** What do I want to have/experience more of in my life this year?

- 1.
- 2.
- 3.
- 4.
- 5.

More

**Subtract:** What do I want to remove/reduce from my life in the next 12 months?

- 1.
- 2.
- 3.
- 4.
- 5.

More

**Shifts:** What shifts will I have to make or what things/attitudes/beliefs will I have to let go of in order to achieve my goals?

- 1.
- 2.
- 3.
- 4.
- 5.

More

**Actions:** What specific things will I do to make my goals a reality?

- 1.
- 2.
- 3.
- 4.
- 5.

More

**Support:** Who are the key people to help/support me as I make this a phenomenal year, and what, specifically, do I need from them?

- 1.
- 2.
- 3.
- 4.
- 5.

More

**Great job! Now go do it, and have a really terrific year!**